#### **Professionalism**

#### **PROFESSIONAL BEHAVIOUR**

#### **Practitioner in difficulty**

Identifies the support services available

Recognises the signs of a colleague in difficulty Refers appropriately & responds with empathy

#### **Doctors as leaders**

Shows an ability to work well with and lead others

Exhibits the qualities of a good leader and takes the leadership role when required (ADV)

#### **Professional Development**

Explores and is open to a variety of career options

Participates in a variety of continuing education opportunities

#### **TEACHING, LEARNING & SUPERVISION**

#### Self-directed learning

Identifies and addresses personal learning objectives

Establishes and uses current evidence based resources to support own learning

Seeks opportunities to reflect on and learn from clinical practice

Seeks and responds to feedback on learning

Participates in research and quality improvement activities where possible

#### **Teaching**

Plans, develops and conducts teaching sessions for peers and juniors

Uses varied approaches to teaching small and large groups

Incorporates teaching into clinical work

Evaluates and responds to feedback on own teaching

#### Supervision

Provides effective supervision e.g. by being available, offering an

orientation, learning opportunities, and by being a role model

Adapts level of supervision to the learner's competence and confidence

#### **Assessment and Feedback**

Provides constructive, timely and specific feedback based on observation

Participates in feedback and assessment processes

Provides constructive guidance or refers to an appropriate support to address problems (ADV)

#### **Skills & Procedures**

**GENERAL** 

Injections

Intramuscular injections

Subcutaneous injections

**WOMEN'S HEALTH** 

Joint aspiration or injection (ADV)

Palpation of the pregnant abdomen

Foetal heart sound detection

Urine pregnancy testing

Diagnosis of pregnancy

**CHILD HEALTH** 

Endocervical swab / PAP smear

Gynaecological pelvic examination

Infant respiratory distress assessment

Neonatal and Paediatric Resuscitation (ADV)

Assisting in the operating theatre

Simple skin lesion excision

**EAR, NOSE & THROAT** 

Anterior nasal pack insertion

External auditory canal irrigation

External auditory canal ear wick

Complex wound suturing (ADV)

Infant/child dehydration assessment

Apgar score estimation (ADV)

Newborn examination

Scrub, gown & glove

Local anaesthesia

Suture removal

Throat swab

Anterior rhinoscopy

Auroscopy/otoscopy

insertion (ADV)

SURGICAL

Doctors should be able to provide safe treatment to patients through competently performing certain procedural and/or assessment skills (ADV = ADVANCED i.e. more likely to be learnt in PGY2 or above).

#### **GENERAL**

**Blood pressure** 

Pulse oximetry

#### Interpretation of results

Pathology Radiology

Nuclear Medicine

#### Intravenous

Venepuncture

Intravenous cannulation

Intravenous infusion set up Intravenous drug administration

Intravenous fluid & electrolyte therapy

#### **Diagnostic**

**Blood Sugar Testing** Wound swab

## Respiratory

Oxygen therapy

Nebuliser/inhaler therapy Bag & Mask ventilation

LMA and ETT placement (ADV)

#### Therapeutics/Prophylaxis

Antibiotic Insulin

#### Anticoagulant

Analgesia Bronchodilators Steroids

# **Skills & Procedures**

#### CARDIOPULMONARY

12 lead electrocardiogram recording

and interpretation

Arterial blood gas sampling and interpretation

Peak flow measurement Spirometry

Pleural effusion/pneumothorax aspiration Central venous line insertion (ADV)

#### **GASTROINTESTINAL**

Nasogastric tube insertion

Rectal examination

Anoscopy/proctoscopy (ADV) Abdominal paracentesis (ADV)

#### **NEUROLOGICAL**

Glasgow Coma Scale (GCS) scoring

Assessment of Neck stiffness Focal neurological sign identification

Papilloedema identification (ADV) Lumbar puncture (ADV)

#### MENTAL HEALTH

Mini-mental state examination Psychiatric Mental State Examination Suicide risk assessmen

Alcohol withdrawal scale use

Application of Mental Health Schedule

#### **OPHTHALMIC**

Visual field assessment

Visual acuity assessment

Direct ophthalmoscopy

Eye drop administration Eye bandage application

Eye irrigation

Eyelid eversion

Corneal foreign body removal

Intraocular pressure estimation (ADV) Slit lamp examination (ADV)

#### **UROGENITAL**

Bladder catheterisation (M&F)

Urine dipstick interpretation Bladder Scar

Urethral swab

Primary trauma survey In-line immobilisation of cervical spine

Cervical collar application Pressure haemostasis

Volume resuscitation Peripheral neurovascular assessmen

Plaster cast/splint limb immobilisation Joint relocation

Secondary trauma survey (ADV)

Intercostal catheter insertion (ADV)

## **Clinical Problems and Conditions**

Doctors should be able to appropriately assess patients presenting with common, important conditions, including the accurate identification of symptoms, signs and/or problems and their differential diagnosis and then use that information to further manage the patient, consistent with their level of responsibility. The assessment and management of these common conditions will vary depending on the setting in which they are seen.

Genetically determined conditions Functional decline or impairment Cognitive or physical disability

#### **DERMATOLOGICAL**

Skin malignancies

#### **NEUROLOGICAL**

Loss of consciousness Seizure disorders

Syncope

Falls, especially in the elderly

Headache

Stroke / TIA Subarachnoid haemorrhage Spinal disease

**MUSCULOSKELETAL** 

# Joint disorders

**CIRCULATORY** Hypertension Heart failure

Chest pain Cardiac arrhythmias

Electrolyte disturbances Ischaemic heart disease Leg ulcers

Thromboembolytic disease

# **RESPIRATORY**

Limb ischaemi

**Breathlessness** Asthma

Chronic Obstructive Pulmonary Disease Pneumonia / respiratory infecti

#### Pleural diseases **ORAL DISEASE**

Upper airway obstruction

Obstructive sleep apnoea

Toothache **Oral Infections** 

**Jaundice** 

Liver disease

**GASTROINTESTINAL** Nausea and Vomiting Abdominal pain Gastrointestinal bleeding Constipation Diarrhoea

#### **RENAL / UROGYNAECOLOGICAL**

Dysuria &/or frequent micturit Pyelonephritis and UTIs Reduced urinary output Renal failure **Urinary Incontinence** Abnormal menstruation

#### **OBSTETRIC**

PainPain and bleeding in pregnancy

#### **ENDOCRINE**

Diabetes: new cases & complications

#### **HAEMOPOIETIC**

**NUTRITION / METABOLIC** 

Weight loss

#### **MENTAL STATE**

Disturbed or aggressive patient

**PSYCHIATRIC / DRUG & ALCOHOL Psychosis** Depression

Anxiety Deliberate self-harm Dementia Addiction (smoking, alcohol, drug) Substance abuse

#### **INFECTIOUS DISEASES** Non-specific febrile illness

Sexually Transmitted Infections

**ONCOLOGY** 

# **IMMUNOLOGY**

Poisoning

Anaphylaxis PHARMACOLOGY / TOXICOLOGY

**CRITICAL CARE / EMERGENCY** Non-accidental injury Multiple trauma Child abuse Domestic violence Elder abuse

Postoperative care

Shock

#### Introduction

The prevocational phase of medical training and development encompasses the period between graduation and vocational training. The Australian Curriculum Framework for Junior Doctors (ACF) is an educational template outlining the learning outcomes required of prevocational doctors, to be achieved through their clinical rotations, education programs and individual learning, in order to promote safe, quality health care. The ACF is built around three learning areas: Clinical Management, Communication, and Professionalism. These areas are divided into categories each of which is further subdivided into learning topics. These topics have been identified in the literature and from supervisors' experiences as being critical to both safe prevocational practice and a basis for future training.

- Adult Learning theory, including: respect for prior learning and experience, provision of clear learning outcomes, regular feedback on performance and provision of opportunities for reflection
- A focus on translating learning from university into performance in the workplace
- Vertical integration of medical education across the continuum
- Clear expectations of outcomes for all involved in prevocational medical education and training
- Safety and quality in healthcare.

The principles that underpin the ACF include:

The ACF is a continuing collaborative project between Postgraduate Medical Councils (PMCs) and a broad range of stakeholders under the leadership of the Confederation of Postgraduate Medical Education Councils (CPMEC) and funded by the Australian Government Department of Health and Ageing.

The history of the development of the ACF, references and useful downloads and links are available on the CPMEC website: www.cpmec.org.au

## Using the AFC

The ACF can be used in a variety of ways to support prevocational training and development:

#### **For Prevocational Doctors**

- The ACF can be used to guide your journey through the prevocational years. It outlines the desired learning outcomes, however it is recognised that proficiency in achievement of the capabilities will occur at different stages in your training but should ideally be achieved prior to vocational training.
- · The ACF is designed to be used as a self-assessment tool to identify strengths, weaknesses and opportunities for learning and professional development. It can then be used as a basis for monitoring your progress during the prevocational
- When commencing new rotations, the ACF provides a useful guide for discussing the learning opportunities that may be available from a given term. It may help to identify particular skills and procedures that may be learnt during the term and to plan in advance to receive such training.

- For Supervisors, educators, employers and managers: • The ACF can be used to review the learning opportunities offered by existing rotations or to plan the development of innovative positions in new and expanded settings. For example, clinical staff can use the ACF as a starting point for discussions about what doctors in vocational training should learn and how best to
- The ACF can be mapped to undergraduate and vocational training curricula, prevocational education programs, position descriptions and rosters in order to identify gaps or duplication across the continuum of medical education.

Clinical unit staff can use the ACF as a starting point for discussions about

innovative approaches to clinical teaching and professional development. • The ACF provides a structure for mid and end of term feedback and assessment.

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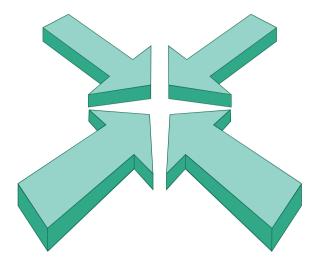
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# **Confederation of Postgraduate Medical Education Councils**

# **AUSTRALIAN CURRICULUM** FRAMEWORK FOR **JUNIOR DOCTORS**

version2.2

# Introduction

Professionalism

Communication

Skills & Procedures

# Clinical Management

# Clinical Management

#### SAFE PATIENT CARE

#### Systems

Works in ways which acknowledge the complex interaction between the healthcare environment, doctor & patient

Uses mechanisms that minimise error e.g. checklists, clinical pathways Participates in continuous quality improvement e.g. clinical audit

#### Risk & prevention

Identifies the main sources of error & risk in the workplace

Recognises and acts on personal factors which may contribute to patient and staff risk Explains and reports potential risks to patients & staff

#### Adverse events & near misses

Describes examples of the harm caused by errors & system failures

Documents & reports adverse events in accordance with local incident reporting systems

Recognises & manages adverse events & near misses (ADV)

#### **Public health**

Informs authorities of each case of a 'notifiable disease'

Acts in accordance with the management plan for a disease outbreak Identifies the determinants of the key health issues and opportunities for disease prevention in the community (ADV)

#### Infection control

Practices correct hand-washing and aseptic techniques

Uses methods to minimise transmission of infection between patients Rationally prescribes antibiotic/antiviral therapy for common conditions

#### **Radiation safety**

Minimise the risk to patient or self associated with exposure to radiological investigations or procedures

Rationally requests radiological investigations and procedures

#### Regularly evaluates his/her ordering of radiological investigations and procedures (ADV)

#### **Medication safety**

Identifies the medications most commonly involved in prescribing & administration errors Prescribes & administers medications safely

Routinely reports medication errors & near misses in accordance with local requirements

#### PATIENT ASSESSMENT

#### Patient identification

Follows the stages of a verification process to ensure the correct identification of a patient

Complies with the organisation's procedures for avoiding patient misidentification Confirms with others the correct identification of a patient

#### History & Examination

Recognises how patients present with common acute and chronic problems and conditions

Elicits symptoms & signs relevant to the presenting problem or condition Undertakes and can justify clinically relevant patient assessments

#### **Problem formulation**

Synthesises clinical information to generate a ranked problem list containing appropriate provisional diagnoses

Discriminates between the possible differential diagnoses relevant to a patient's presenting problems or conditions

Regularly re-evaluates the patient problem list as part of the clinical reasoning process

#### Investigations

Selects, requests and can justify investigations in the context of particular patient presentation

Follows up and interprets investigation results appropriately to guide patient management

Identifies and provides relevant and succinct information when ordering investigations

#### Referral & consultation

Identifies & provides relevant & succinct information

Applies the criteria for referral or consultation relevant to a particular problem or condition

Collaborate with other health professionals in patient assessment

#### **EMERGENCIES**

#### . .

Recognises the abnormal physiology & clinical manifestations of critical illness
Recognises & effectively assesses acutely ill, deteriorating or dying patients
Initiates resuscitation when clinically indicated whilst continuing full assessment
of the patient

#### **Prioritisation**

Describes the principles of triage

Identifies patients requiring immediate resuscitation & when to call for help e.g. Code Blue /  $\mbox{MET}$ 

Provides clinical care in order of medical priority

#### Clinical Management

#### **EMERGENCIES**

#### Basic Life Support

Implements basic airway management, ventilatory & circulatory support Effectively uses semi-automatic and automatic defibrillators

#### Advanced Life Support

Identifies the indications for advanced airway management

Recognises malignant arrhythmias, uses resuscitation/drug protocols & manual defibrillation

Participates in decision-making about & debriefing after cessation of resuscitation

#### Acute patient transfer

Identifies factors that need to be addressed for patient transfer Identifies and manages risks prior to and during patient transfer (ADV)

#### PATIENT MANAGEMENT

#### **Management Options**

Identifies and can justify the patient management options for common problems and conditions Implements and evaluates a management plan relevant to the patient following discussion with a senior clinician

#### Therapeutics

When prescribing, takes account of the actions and interactions, indications, monitoring requirements, contraindications & potential adverse effects of each medication used

Involves nurses, pharmacists & allied health professionals appropriately in medication management

Evaluates the outcomes of medication therapy (ADV)

#### Pain management

Specifies and can justify the hierarchy of therapies and options for pain control Prescribes pain therapies to match the patient's analgesia requirements (ADV) Evaluates the pain management plan to ensure it is clinically relevant (ADV)

#### Fluid, electrolyte & blood product management

Identifies the indications for and risks of fluid & electrolyte therapy and use of blood products Recognises and manages the clinical consequences of fluid & electrolyte imbalance in a patient

Develops, implements, evaluates and maintains an individualised patient management plan for fluid, electrolyte and blood product use

Maintains a clinically relevant patient management plan of fluid, electrolyte and blood product use with relevant pathology testing (ADV)

#### Subacute care

Identifies appropriate subacute care services for a patient Identifies patients suitable for aged care, rehabilitation or palliative care programs

#### Ambulatory & community care

Identifies and arranges ambulatory and community care services appropriate for each patient

#### Discharge planning

Identifies the elements of effective discharge planning e.g. early, continuous, multidisciplinary

Follows organisational guidelines to ensure smooth discharge

Identifies and refers patients to residential care consistent with clinical indications and regulatory requirements (ADV)

#### **End of Life Care**

Arranges appropriate support for dying patients

#### SKILLS & PROCEDURES

## Decision-making

Explains the indications and contraindications for common procedures Selects appropriate procedures with involvement of senior clinicians and the patient

#### Informed consent

Applies the principles of informed consent in day to day clinical practice Identifies the circumstances that require informed consent to be obtained by a more

Provides a full explanation of procedures to patients

### Preparation & anaesthesia

Prepares & positions the patient appropriately

Recognises the indications for local, regional or general anaesthesia (ADV) Arranges appropriate equipment & describes its use

#### Procedures

Provides appropriate analgesia and/or premedication Arranges appropriate support staff & defines their roles

#### Post-procedure

Monitors the patient & provides appropriate aftercare Identifies & manages common complications

Interprets results & evaluates outcomes of treatment

## Communication

#### PATIENT INTERACTION

#### Context

Arranges an appropriate environment for communication, e.g. private, no interruptions
Uses principles of good communication to ensure effective healthcare relationships
Uses effective strategies to deal with the difficult or vulnerable patient

#### Respect

Treats patients courteously & respectfully, showing awareness & sensitivity to different backgrounds

Maintains privacy & confidentiality

Provides clear & honest information to patients & respects their treatment choices

#### Providing information

Applies the principles of good communication (e.g. verbal and non verbal) and communicates with patients and carers in ways they understand

Uses interpreters for non English speaking backgrounds when appropriate

Involves patients in discussions and decisions about their care

#### Meetings with families or carers

Identifies the impact of family dynamics on effective communication

Ensures relevant family/carers are included appropriately in meetings and decision-making

Respects the role of families in patient health care

#### Breaking bad news

Identifies symptoms and signs of loss and bereavement Participates in breaking bad news to patients & carers Shows empathy & compassion

#### Open disclosure

Explains and participates in implementing the principles of open disclosure Ensures patients and carers are supported & cared for after an adverse event

#### Complaints

Acts to minimise or prevent the factors that would otherwise lead to complaints Uses local protocols to respond to complaints

Adopts behaviours such as good communication designed to prevent complaints

#### **MANAGING INFORMATION**

#### Written

Complies with organisational policies regarding timely and accurate documentation Demonstrates high quality written skills e.g. writes legible, concise & informative discharge summaries

Uses appropriate structure & content for specific correspondence e.g. referrals, investigation requests, GP letters

Accurately documents drug prescription and administration

#### lectronic

Uses electronic patient information & decision-support systems recognising his/her strengths and limitations

Uses electronic resources in patient care e.g. to obtain results, discharge summaries,

Complies with policies regarding information technology e.g. passwords, e-mail & internet

#### Health Records

Complies with legal/institutional requirements for health records
Uses the health record to ensure continuity of care

Facilitates appropriate coding & classification by accurate documentation

#### Evidence-based practice

Describes the principles of evidence-based practice & hierarchy of evidence Uses best available evidence in clinical decision-making (ADV) Critically appraises evidence & information (ADV)

#### Handover

Describe the importance and features of handover that ensure patient safety and continuity of care

Performs effective handover e.g. team member to team member, hospital to GP, to ensure patient safety and continuity of care

## WORKING IN TEAMS

# Team structure

Identifies the healthcare team (e.g. medical team, multidisciplinary stroke team) most appropriate for a patient  $\,$ 

Includes the patient & carers in the team decision making process where possible Identifies that team leaders can be from different health professions and respects their roles Uses graded assertiveness when appropriate

Respects the roles & responsibilities of team members

# Team dynamics

Contributes to teamwork by behaving in ways that maximises the teams' effectiveness including teams which extend outside the hospital

Demonstrates an ability to work with others and resolve conflicts when they arise Demonstrates flexibility & ability to adapt to change

### Communication

#### **WORKING IN TEAMS**

#### Teams in action

Identifies and adopts a variety of roles within a team (ADV)

#### Case Presentation

Presents cases effectively, to senior medical staff & other health professionals

## **Professionalism**

#### DOCTOR & SOCIETY

#### Access to healthcare

Identifies how physical or cognitive disability can limit patients' access to healthcare

Provides access to culturally appropriate healthcare

Demonstrates a non-discriminatory approach to patient care

#### Culture, society & healthcare

Behaves in ways which acknowledge the social, economic & political factors in patient illness

Behaves in ways which acknowledge the impact of culture, ethnicity & spirituality on health

Identifies his/her own cultural values that may impact on his/her role as a doctor

#### Indigenous patients

Behaves in ways which acknowledge the impact of history & the experience of Indigenous Australians

Behaves in ways which acknowledge Indigenous Australians' spirituality & relationship to the land

Behaves in ways which acknowledge the diversity of indigenous cultures, experiences & communities

#### Professional standards

Complies with the legal requirements of being a doctor e.g. maintaining registration Adheres to professional standards

Respects patient privacy & confidentiality

when making healthcare decisions (ADV)

### Medicine & the law

Complies with the legal requirements in patient care e.g. Mental Health Act, death certification

Completes appropriate medico-legal documentation

Liaises with legal & statutory authorities, including mandatory reporting where applicable (ADV)

# Health promotions

Advocates for healthy lifestyles and explains environmental & lifestyle risks to health Uses a non-judgemental approach to patients & his/her lifestyle choices

(e.g. discusses options; offers choice)

Evaluates the positive and negative aspects of health screening and prevention

# Healthcare resources

Identifies the potential impact of resource constraint on patient care

Uses finite healthcare resources wisely to achieve the best outcomes

Behaves in ways that acknowledge the complexities and competing demands of the

# PROFESSIONAL BEHAVIOUR

healthcare system (ADV)

#### Professional responsibility

Behaves in ways which acknowledge the professional responsibilities relevant to his/her health care role

Maintains an appropriate standard of professional practice & works within personal capabilities

Reflects on personal experiences, actions & decision-making

#### Time management

Prioritises workload to maximise patient outcomes and health service function Demonstrates punctuality

#### Personal well-being

Is aware of and optimises personal health & well-being

Acts as a role model of professional behaviour

Behaves in ways to mitigate the personal health risks of medical practice e.g. fatigue, stress

Behaves in ways which mitigate the potential risk to others from your own health status e.g. infection

#### Ethical practice

Behaves in ways which acknowledge the ethical complexity of practice & follows professional & ethical codes

Consults colleagues about ethical concerns

Accepts responsibility for ethical decisions